

# What is advocacy?

the  
advocacy  
people



Advocacy is all about supporting you to have your say



We will talk to you to find out what you want and how you feel



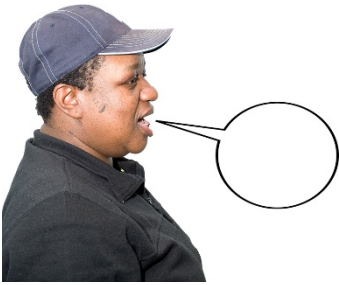
We will listen to you



We will find information to help you make choices

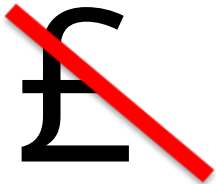


We can talk to other people or groups for you



We can help you say what you think about your care or treatment

## What you need to know



Our Advocacy services are FREE



We do not work for social services or the NHS



This means we can support you to have a say if you are not happy with your care



We will ask you if you want our help.

It is OK to say yes or no



We will only talk to other people

- when you want us to
- if you or someone you know might get hurt
- when the law says we have to



**If you would like to know more about our Advocacy services, please contact us**



0330 440 9000



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Text PEOPLE to 80800  
followed by your message



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