

# Independent Mental Health Advocacy



We will support you with your rights under the Mental Health Act



**Communicate**

We will communicate with you in the way that suits you best

## An advocate can...



help you if you are a patient under Section



help you express your needs, wishes and views



support you in meetings

## Your advocate will...



support you to get your voice heard



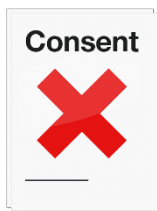
act on your behalf with your permission



respect your opinions and views



ask questions and find out information for you



We won't tell anyone what you have said to us unless

- you want us to
- it involves danger to you or other people
- the law say we have to

## Get in touch to find out more:



Local rate call:

0330 440 9000



or Text PEOPLE to 80800  
followed by your message



PO Box 375, Hastings TN34 9HU