What is advocacy?





Advocacy is all about supporting you to have your say



We will talk to you to find out what you want and how you feel



We will listen to you



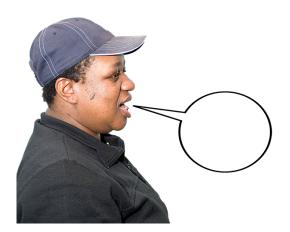
We will find information to help you make choices



Our Advocacy services are FREE



We can talk to other people or groups for you



We can help you say what you think about your care or treatment



We do not work for social services or the NHS.

This means we can support you to have a say if you are not happy with your care



We will ask you if you want our help.

It is OK to say yes or no.





We will only talk to other people

- when you want us to
- if you or someone you know might get hurt
- when the law says we have to.



If you would like to know more about our Advocacy services, please contact us using any of the methods below

0330 440 9000



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4 7 8 9 0 #

info@theadvocacypeople.org.uk



The Advocacy People **PO Box 375** Hastings **TN34 9HU**



Text PEOPLE to 80800 followed by your message



www.theadvocacypeople.org.uk

Page 11 of 11

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