

What is advocacy?



Advocacy is all about supporting you to have your say



We will talk to you to find out what you want and how you feel



We will listen to you



We will find information to help you make choices



Our Advocacy services are FREE



We can talk to other people or groups for you



We can help you say what you think about your care or treatment



We do not work for social services or the NHS.

This means we can support you to have a say if you are not happy with your care



We will ask you if you want our help.

It is OK to say yes or no.



We will only talk to other people

- when you want us to
- if you or someone you know might get hurt
- when the law says we have to.





If you would like to know more about our Advocacy services, please contact us using any of the methods below



0330 440 9000



info@theadvocacypeople.org.uk



The Advocacy People
PO Box 375
Hastings
TN34 9HU



Text PEOPLE to 80800
followed by your message



www.theadvocacypeople.org.uk